



ASBESTOS AWARENESS (CATEGORY A)

COURSE CONTENT OVERVIEW

0333 006 7000
www.highspeedtraining.co.uk

 **HIGH SPEED™
TRAINING**

This Asbestos Awareness (Category A) course is designed to help workers understand the serious health risks associated with working with asbestos and asbestos-containing materials (ACMs). If there's a chance that you may come across asbestos or potential asbestos in your work, then you must have an awareness of the correct health and safety procedures.

Note that if your job involves working with ACMs, then a higher level of training is required. This course does not permit you to work with asbestos.

Module One: Introduction

This module outlines what asbestos is, where it can be found, and why it was used as a building material.

- Legal duties
- Who will benefit from this course?
- What is asbestos?
- The risks from asbestos
- The main uses of asbestos in buildings
- Other uses of asbestos
- Activities that cause risk from asbestos
- What was asbestos used for?
- Why was asbestos used?
- Who is at risk from exposure to asbestos?
- Types of asbestos
- Risks to health from exposure to asbestos fibres

Module Two: The Control of Asbestos Regulations

This module explains the main requirements of the Control of Asbestos Regulations 2012 (the CAR Regulations) and how they apply to dutyholders.

- The Control of Asbestos Regulations 2012
- Dutyholders under the CAR Regulations
- Duty to manage asbestos in non-domestic premises
- Regulation 4 - how to manage asbestos in non-domestic premises
- Legal responsibility to manage asbestos in non-domestic premises
- Areas of the premises to be inspected
- Regulation 5 - work in demolition, maintenance, or other
- Regulation 5 - how to identify the presence of asbestos
- Regulation 6 - risk assessment
- Regulation 7 - plans of work
- Regulations 9 and 10 - information, instruction and training
- Other requirements of the CAR Regulations

Module Three: Health Risks and Personal Factors

This module looks at how the risks of asbestos come about and what can make them worse.

- Health risks from asbestos
- Friability of ACMs
- Asbestos-related diseases
- Asbestos and smoking
- Workplace Exposure Limits
- Respiratory protective equipment
- Health and medical surveillance

Module Four: Discovery of Asbestos or Accidental Disturbance of ACMs

This module explains what should be done when workers discover materials which they believe to be asbestos or if asbestos is accidentally disturbed during work.

- HSE guidance EM1
- EM1 flowchart
- Unexpected discovery of asbestos
- Accidental release of asbestos
- Emergency procedures

Aims of the Training

By the end of this course, learners will:

- Understand why asbestos and asbestos-containing materials (ACMs) can be harmful and must be treated as hazardous substances.
- Understand the very serious ill-health effects of asbestos.
- Understand the control measures for asbestos required by the law.
- Understand the responsibilities of employers and employees.
- Understand what to do on discovery or accidental disturbance of asbestos-containing materials.