# INTRODUCTION TO SAFEGUARDING CHILDREN (LEVEL 1)

COURSE CONTENT OVERVIEW

HIGH SPEED™
TRAINING

Safeguarding children is everyone's responsibility, no matter how frequently you work with children or how often you interact with their families. Upon completion of this training, and through a mixture of written information and interactive exercises, you will be confident in fulfilling this responsibility.

This Introduction to Safeguarding Children course gives you the skills and knowledge you need to safeguard children. It explains the types of abuse that children might experience and how to recognise signs that it may be occurring. It then teaches you how to react in this situation, how to respond to a disclosure, and how to record your concerns.

### Module One: Introduction
This module covers the basics of safeguarding children. It defines the term 'safeguarding', explains why it's important, and lists your responsibilities in accordance with the law.

- What is safeguarding?
- Who commits abuse?
- Why is safeguarding training important?
- Your responsibilities
- Laws and guidance

### Module Two: Recognising Abuse
This module covers some of the most common forms of child abuse. It explains each one and signs that may indicate their occurrence.

- What is child abuse?
- Types of abuse
- Neglect
- Domestic abuse
- Sexual abuse
- Physical abuse
- Emotional abuse

### Module Three: Recognising Further Types of Abuse
This module is an extension of the previous module and details more specific types of abuse. Similar to the previous module, it explains each one and signs that may indicate their occurrence.

- Online abuse
- Grooming
- Child sexual exploitation
- Criminal exploitation: county lines
- Bullying and cyberbullying
- Radicalisation and extremism
- Honour-based abuse
- Female genital mutilation
- Child trafficking
- Harmful sexual behaviour
- Sexual harassment
- Peer-on-peer abuse

### Module Four: Recognising Parental Risk Factors
This module builds on the information from the two previous modules but focuses specifically on how parental issues can affect a child.

- Parental mental health
- Parental substance misuse

### Module Five: Responding to a Disclosure
This module outlines what you should do if a child discloses abuse to you, if somebody raises a concern to you, or if you suspect abuse.

- Recognising concerns
- Disclosures from a child
- Why children don't disclose information
- Why adults don't take action
- Taking action

### Module Six: Reporting a Concern
This module details the reporting procedures that you should follow if you have a safeguarding concern. It also explains what you should do if you are dissatisfied with how a concern is handled.

- Your responsibilities
- How to report a concern
- Preserving evidence
- When to report a concern
- What to report
- Check existing reports
- Talking to a child's parents
- Next steps
- Further action

### Module Seven: Recording Information
This final module explains how to correctly document your concerns. It outlines what you should record and when.

- The importance of good record keeping
- When to record concerns
- What to record

**Aims of the Training**

Upon completion of the training, you will:

• Understand what is meant by 'safeguarding' and why learning about safeguarding children is so important.
• Understand the difference between safeguarding and child protection.
• Understand your responsibilities both within and outside of the workplace.
• Understand all of the different types of abuse and neglect and how you can identify them.
• Know more about how to identify the indicators and warning signs of abuse.
• Know how to respond to any concerns that you have about a child.
• Be aware of how to act should a child disclose information about abuse to you.
• Understand the importance of reporting your concerns to another professional and know what happens at a higher level when a report is made.
• Be aware of the need to accurately record your concerns in writing.

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