This Paediatric First Aid course has been designed by a qualified first-aider to help parents, carers, teachers, and anyone else who lives or works with children, learn the basics of first aid so that they can react appropriately in an emergency situation.

The course uses high-quality videos and text guidance to explain how to identify and respond to incidents, including how to treat minor injuries, put a child or infant in the recovery position and administer CPR to a child or infant casualty.

Module One: Introduction and Primary Assessment
This module outlines the basics of first aid, including guidance on what to include in your first aid box, and explains the 'DRAB' steps in the primary assessment using videos to help you apply the knowledge to real-life situations.

- The aim of first aid
- Your first aid box
- The primary assessment
- Danger
- Response
- Airway
- Breathing

Module Two: Resuscitation (CPR)
This module shows how to administer CPR to both a child and an infant casualty and explains what you need to consider before commencing CPR and what to do if the child is unconscious.

- Administering CPR
- Stopping CPR
- Things to consider
- Unconscious casualties

Module Three: Secondary Areas Part 1
This module explains, using videos and text guidance, how to put a child and an infant in the recovery position. The module also looks at how you should treat a child who is choking, who is bleeding or who is suffering from shock.

- Secondary areas
- The recovery position
- Choking
- Wounds and bleeding
- Shock

Module Four: Secondary Areas Part 2
This module looks at how you can treat a child suffering from further secondary injuries, including what to do if the child has a burn or head injury.

- Burns
- Eye injuries
- Head injuries
- Fractures
- Spinal injuries
- Amputation

Module Five: Secondary Conditions and Reactions Part 1
This module looks at the best practice for responding to various secondary conditions, including what to do if a child has an allergic reaction, an insect bite or a nose bleed. The module also looks at what to do in more serious cases of diabetes, epilepsy and high temperatures.

- Asthma
- Allergic reactions
- Bites and stings
- Nose bleeds
- Diabetes
- Epilepsy
- High temperatures
- Hyperventilation

Module Six: Secondary Conditions and Reactions Part 2
This module looks at some further secondary conditions, including how you can identify whether a child is suffering from meningitis or septicaemia, what to do if the child has a sprain and how to deal with hypothermia, electric shock and croup.

- Sickle cell
- Meningitis and septicaemia
- Fainting
- Sprains and strains
- Poisoning
- Smoke inhalation
- Hypothermia
- Electric shock
- Croup
- Drowning
Aims of the Training

By the end of this course, learners will have the appropriate knowledge to know how to:

• Do a primary assessment on a child casualty.
• Administer CPR to a child casualty.
• Put children and infants in the recovery position.
• Deal with and respond to choking, wounds, bleeding and shock in children and infants.
• Deal with and respond to eye and head injuries, burns and fractures.
• Care for children suffering from allergic reactions, bites, nose bleeds, diabetes, epilepsy, high temperatures and hyperventilation.
• Deal with and respond to fainting, sprains and strains, poisoning, smoke inhalation, hypothermia, electric shock and croup.