

# PPE TRAINING FOR HEALTHCARE WORKERS

COURSE CONTENT OVERVIEW

0333 006 7000  
[www.highspeedtraining.co.uk](http://www.highspeedtraining.co.uk)



This PPE Training for Healthcare Workers course will teach you how to safely and effectively use personal protective equipment (PPE) within a healthcare setting. In order to protect your health and safety, and that of others, you will need to understand how to correctly use PPE within your workplace. This course explains the essential requirements for the safe use, disposal, storage, and maintenance of PPE, as well as requirements for safely changing PPE and how to respond if your PPE is compromised.

This course will provide up-to-date information on current COVID-19 guidance around the use of PPE in a healthcare setting.

#### **Module One - How to Use Healthcare PPE: Part 1 - Gloves, Masks and Respirators**

This module explains when PPE should be used and the essential requirements for the effective use of PPE. Additionally, it will explain the different types of gloves, masks and respirators that may be used and will teach learners how to use them correctly and safely.

- When should you use PPE?
- Essential requirements for PPE
- Hand hygiene
- Pre-donning steps for PPE
- How to use sterile and non-sterile gloves
- How to use face masks and respirators

#### **Module Two - How to Use Healthcare PPE: Part 2 - Eye and Face and Body Protection**

This module teaches learners about the different types of eye and face, body, head and foot protection. It explains how to use them correctly and safely within a healthcare setting and how to don and doff multiple items of PPE.

- How to use eye protection
- How to use aprons or long-sleeved gowns
- How to use head and foot protection
- Wearing multiple items of PPE

#### **Module Three - Changing, Disposal, Storage, and Maintenance of PPE**

This module of the course explains the correct procedures for changing, disposing, storing, and maintaining the main types of medical PPE. It will explain the circumstances in which you will need to change your PPE and what to do if your PPE is compromised.

- When to change your PPE
- Changing gloves
- Changing face masks
- Changing respirators
- Changing eye and face protection
- Changing aprons and gowns
- Changing head and foot protection
- What to do if your PPE is compromised
- How to safely dispose of PPE
- Storing PPE
- Maintaining your PPE
- General PPE safety rules

#### **Module Four - PPE During COVID-19**

In this module of the course you will learn what is meant by single and sessional use PPE and when each type of PPE should be changed. It will cover the latest COVID-19 guidance on the use of PPE within a healthcare setting as published by Public Health England.

- PPE and COVID-19 requirements
- Changing PPE during COVID-19
- Delivering home care during COVID-19
- PPE shortages during COVID-19
- How to safely dispose of PPE during COVID-19

## Aims of the Training

By the end of this course learners will:

- Know how to correctly put on and remove a range of personal protective equipment for healthcare. This includes gloves, face masks, respirators, eye protection, face shields, and long-sleeved gowns.
- Be aware of when PPE should be worn and what types should be used in different situations.
- Understand when multiple items of PPE need to be worn and know the order in which they should be put on and taken off.
- Know how to carry out good hand hygiene.
- Know how often and the circumstances in which PPE should be changed.
- Be aware of what actions must be taken if PPE is compromised.
- Understand the legal requirements for safely disposing of used PPE in the correct waste stream, including during COVID-19.
- Understand how to correctly store and maintain PPE.
- Know the requirements for the use of PPE during COVID-19.
- Recognise when PPE should be changed during COVID-19, including when delivering home care.
- Understand the measures that may be taken if there are shortages of PPE.