This Safeguarding Vulnerable Adults course has been designed to help you understand more about how to take care of the vulnerable adults around you, recognise the potential indicators of abuse and know how to report your concerns so that appropriate action can be taken.

We all have a responsibility to look after the vulnerable adults we work with, particularly those who are unable to look out for themselves, and by taking this training course you are making a positive first step towards increasing your knowledge of how to protect those most at risk from harm.

**Module One: Introduction**
This module looks at what the key principles of safeguarding vulnerable adults are, giving you an overview of what is meant by 'safeguarding' and who is classed as a vulnerable adult by law. The module also looks at the famous Steven Hoskin safeguarding case.

- Defining safeguarding
- Key principles
- Dignity
- Who is a vulnerable adult?
- Steven Hoskin
- Why is training important?

**Module Two: Understanding Why Vulnerable Adults Are at Risk**
This module explains what is meant by 'abuse' so that you understand more about how to recognise it. The module outlines who is likely to be at risk from abuse and which factors may put some adults more at risk than others.

- What is abuse?
- Who are adults abused by?
- Consent
- Factors that increase risk
- Mental capacity

**Module Three: Types of Abuse**
This module provides an overview of each of the main categories of abuse, explaining the characteristics of each one and outlining some of the key indicators and warning signs for you to look out for.

- Categories of abuse
- Physical abuse
- Emotional/psychological abuse
- Sexual abuse
- Neglect and acts of omission
- Financial abuse
- Discriminatory abuse
- Institutional abuse

**Module Four: Responding to a Disclosure**
This module explains what you should do and how you should react if a vulnerable adult brings information about abuse to your attention. The module raises awareness of why some adults may not tell you about abuse and details what actions to take next.

- How a concern may come to your attention
- How to respond to a disclosure
- Why adults often don't disclose information
- What to do next
- Whistleblowing

**Module Five: Reporting Your Concerns**
This module looks at the reporting procedures you should follow when concerns about abuse have come to your attention. The module explains why it's so important to pass on your concerns, detailing who to report to, what to say and what you can do next.

- Your responsibilities
- Why some people don't take action
- Who to report to
- What if the report isn't taken seriously?
- What if the concerns are about a professional?
- When to report a concern
- What needs reporting?
- Check existing records
- What happens next?
- Recording information

**Module Six: What Happens After a Referral**
This module looks at the various steps that follow a referral to adult social care, explaining the different decisions that social care may make and outlining what happens next in the safeguarding process.

- Adult social care's decision
- What to do if you don't agree with the decision
- Strategy discussions
- The case conference
- Protection plans
- Reviewing the plan
- Discontinuing the plan
- Further reading
Aims of the Training

By the end of this course you will:

• Understand why safeguarding vulnerable adults training is so important for everyone within your organisation.
• Have an awareness of which adults are most at risk and which factors increase the likelihood of being at risk from harm.
• Know more about the different categories of abuse, plus the potential warning signs associated with each type.
• Understand how to respond appropriately to a disclosure from a vulnerable adult and know what to do next.
• Know how to report any concerns that you may have.
• Understand what happens in the safeguarding process after a referral to adult social care has been made.