

MENTAL HEALTH

in the Workplace

Mental health disorders are among the **leading causes** of ill-health and disability worldwide.



Only

11%



of employees discussed a recent mental health problem with their **line manager**.

It's estimated that

1 in 6



people in the **past week** have experienced a common mental health problem.

76% of line managers believe they are **responsible** for employee wellbeing, but only **22%** have **received training**.



49% of line managers would appreciate **basic training** in common mental health conditions.



Better **mental health support** in the workplace can save UK businesses up to **£8bn** a year.

