

- Choose 1 or 2 target behaviours to track, such as 'shouting out' or 'biting', although you can track more if you wish.
- After collecting enough data over a few sessions (use multiple sheets), review it to look for any patterns which could help you design more effective intervention strategies. For example, ask yourself: What are the common triggers? How are the consequences reinforcing the behaviour? Could you develop new consequences to encourage a more positive behaviour?

[illegible]

# A-B-C chart for recording challenging behaviour

**Any other notes:** (e.g. wider context such as general noise level, particular people present, disruptions at home, medication etc)

