

COURSE CONTENT OVERVIEW

# Safeguarding in Sport



0333 006 7000

[www.highspeedtraining.co.uk](http://www.highspeedtraining.co.uk)

Anyone who works or volunteers at a sports club or organisation is in a position of trust and has a duty of care towards the children that go there. This applies whether you work at grassroots or professional level and whether you're a coach, volunteer, committee member, parent or someone else. Safeguarding is everyone's responsibility.

This course will help you to work with the kids in your sports club with confidence, knowing that you're doing all you can to protect them from harm. It gives you practical tools and knowledge that you can use in your club or organisation to ensure your commitment to excellence in safeguarding.

### **Module One: Introduction to Safeguarding**

This module outlines what is meant by 'safeguarding' and shows you why training in this subject is so important for everyone in your sports club or organisation.

- What is safeguarding?
- Why is training important?
- Who commits abuse?
- Your responsibilities
- Laws and guidance

### **Module Two: Types of Abuse and Their Indicators**

This module explains the types of abuse you are most likely to encounter in sport and shows how they may present themselves.

- Emotional, physical and sexual abuse
- Neglect and missing children
- Online abuse and cyberbullying
- Grooming
- Child Sexual Exploitation (CSE)
- Criminal exploitation, trafficking and county lines

### **Module Three: Responding to Concerns About Abuse**

This module looks at how to respond appropriately to worries about abuse, including how to react if a child tells you something or you or another adult suspects something is going on.

- Recognising concerns
- Why don't children talk about abuse?
- Allegations from a child
- What to say and what not to say
- What should I do next?
- Why many adults don't take action

### **Module Four: How to Report and Record a Concern**

This module explains how concerns about abuse should be reported and recorded, including who you should tell, when you should tell them, and which details must be formally recorded.

- How and when to report a concern
- Who to report to
- Should I tell the child's parents?
- Next steps
- Record-keeping
- What to record

### **Module Five: Good Practice in Sport**

This module outlines the key best practices that all sports clubs and organisations should have in place to commit to excellence in safeguarding, such as a code of conduct and policies around the use of media, transport and one-to-one coaching.

- Safeguarding policy
- Sports code of conduct
- Safer recruitment and training
- Media and photography
- Transportation and handovers
- One-on-one sports

## Aims of the training

By the end of the training, you will:

- Recognise what is meant by safeguarding children and young people in sport.
- Be able to identify the main categories of child abuse and their common indicators.
- Understand how child abuse affects children, both in the present and in their future.
- Understand your responsibilities for responding to concerns about child abuse in sport and how to report and record them appropriately.
- Understand how to commit to excellence in safeguarding in your sports club or organisation, whatever that sport may be.