

# Safeguarding INSET Pack

Secondary



# How to use the pack

## Safeguarding INSET Pack | Secondary

Packed full of valuable resources, you'll have everything you need to help make your next INSET day run smoothly and successfully.

With fully editable content that can be personalised to your school, and a range of interactive elements to keep staff engaged, we can't wait for you to bring the pack to life!

### Introduction to the pack

The aim of this safeguarding INSET pack is to help you provide an informative, relevant and engaging session. It covers:

- What safeguarding means and why it is important
- Key updates to statutory safeguarding guidance
- The four main types of abuse and signs to look out for
- How we should respond to, and report any concerns
- A variety of specific safeguarding issues
- Creating and maintaining an effective safeguarding culture
- Useful tools and resources for professional development



It is recommended that you edit the presentation and relevant documents however you see best fit to suit your school. This might include adding extra details around your policies and procedures or deciding to 'pick and choose' from the five issues included in the 'safeguarding issues' section.

### What's included?

- |   |  |
|---|--|
| • Presentation  | • Section summary: Culture of safeguarding |
| • Facilitator notes   | • KCSIE quiz                               |
| • Section summary: Statutory safeguarding guidance            | • Staff self audit                         |
| • Section summary: The four main types of abuse               |  |
| • Section summary: How to respond to, and report any concerns |  |
| • Section summary: Safeguarding issues                        |  |

**Please note:** We understand that you might have specific file types and formats you like to use during your INSET day. To help you, we have made both Microsoft and Google versions of the content available.

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## How to use

### Presentation

Before the session, you should spend some time personalising the presentation where necessary. For Google Slides users, you will need to make a copy of the presentation so that you can edit the content - instructions can be found on slide 1.

You'll find numerous opportunities to engage with staff throughout the presentation. We've included discussion points, videos, scenarios, and quizzes to help you effectively test knowledge and understanding.

### Facilitator notes

The facilitator notes are designed to help you convey key information to staff when presenting the slides. We recommend printing a copy of this document beforehand or keeping them open in presenter view. You can also access the notes directly within the presentation in slide editing mode.

### Summary sheets

We've prepared a range of section summaries highlighting key topics from the presentation. You can distribute these to staff during your session or send them afterward for future reference as they include useful information and links to additional resources. All 5 section summaries have been combined into a single PDF for download.

### KCSIE quiz

To support you in ensuring staff understanding, this year's pack includes a KCSIE quiz that you can ask your team to complete. The responses will help you to assess safeguarding knowledge and identify any areas for further development. Further information can be found at:

[www.highspeedtraining.co.uk/campaign/inset-teacher-training-pack/kcsie-quiz/](http://www.highspeedtraining.co.uk/campaign/inset-teacher-training-pack/kcsie-quiz/)

### Staff self audit

In the final thoughts section, you'll find a staff self audit. We encourage you to distribute this at the end of the presentation for staff to reflect on their confidence in the key areas of safeguarding. This will help you assess where your staff might need additional support.

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## Additional support and resources

In addition to our courses, we also produce a wide range of free articles and resources to help you get closer to your goals. From leading industry research to downloadable templates, take your training one step further with [the Hub](#).

## How we're helping children



**NARF Allergy School - [The Allergy School](#)** is a free educational resource hub created by Natasha's Allergy Research Foundation. We are committed through the Allergy School partnership to provide our [free Allergy and Anaphylaxis Training for Schools](#) to give school staff the knowledge to confidently safeguard children with food allergies.



**Magic Breakfast** - We're proud to be working in partnership with [Magic Breakfast](#) to ensure that no child is too hungry to learn and thrive. Magic Breakfast works with schools with high levels of disadvantage to offer students a free, nutritious breakfast and ensure they start their day the right way.



**Zarach** - In 2025, we launched a new partnership with [Zarach](#), a West Yorkshire-based charity dedicated to ending child bed poverty. Their core mission is to provide children with the opportunity to succeed by ensuring they have a proper bed, which in turn helps them engage at school and break the cycle of poverty.

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### We would love to hear your feedback!

Complete a survey with your thoughts on this Safeguarding INSET pack for a chance to win a £100 Amazon voucher.

We value your feedback to help us improve our resources to better meet your needs.

[You can access the form here.](#)



*"This has helped to **reduce my workload massively** and helped me to refocus on certain areas of safeguarding"*

*"Will **definitely recommend** this pack to others"*

*"It has **saved a considerable amount of time** in preparing presentations and is a great refresher for safeguarding."*

