

COURSE CONTENT OVERVIEW

# Slips, Trips and Falls



This Slips, Trips and Falls training course aims to help learners understand how to identify and prevent the slip, trip and falls hazards in their workplace. Slips, trips and falls are the most common causes of workplace injuries in all types of industries. This course will provide an understanding of the risk assessment process and help learners to recognise the risks, follow the appropriate control measures and work safely so as to prevent people from coming to harm.

#### **Module One: Introduction to Slips, Trips and Falls**

This module explains the legal responsibilities of employers and employees and outlines the health and safety legislation that businesses must comply with. The module outlines why understanding how to prevent slips, trips and falls is so important.

- Statistics on slips, trips and falls
- Who has responsibility for managing the risks?
- Employee responsibilities
- Health and safety legislation
- British and European standards
- Benefits of health and safety

#### **Module Two: Risk Assessment**

This module outlines each step of the risk assessment process so that learners can identify where slip, trip and fall hazards may be present in the workplace.

- What is a risk assessment?
- Who should carry out the risk assessment?
- Identify the hazards
- Decide how might be harmed and how
- Determine the control measures
- The hierarchy of control
- Record the risk assessment
- Accident records and RIDDOR
- Review the risk assessment

#### **Module Three: Preventing Slips and Trips**

This module explains how to minimise the chances of a slip or trip occurring. The module details the most common causes of slips and trips and explains how the risks can be avoided through safe working practices.

- Causes of slip hazards
- Causes of trip hazards
- Floor contamination
- Effective cleaning
- Good housekeeping
- Design and maintenance
- Flooring
- Walkways
- Footwear

#### **Module Four: Preventing Falls**

This module explains how to prevent falls in the workplace and provides the best practices to follow when working with a ladder or stepladder.

- Causes of fall hazards
- Work at Height Regulations
- Risk reduction
- Ladder safety

## Aims of the training

By the end of this course, learners will:

- Have an awareness of slip, trip and fall hazards and how they may develop in the workplace.
- Recognise what the law requires of employers and employees.
- Understand what's involved in a risk assessment of the workplace and be able to identify slip, trip and fall hazards.
- Know how to prevent slips, trips and falls by following appropriate safety measures.