

COURSE CONTENT OVERVIEW

# Asbestos Awareness (Category A)



0333 006 7000  
[www.highspeedtraining.co.uk](http://www.highspeedtraining.co.uk)

This Asbestos Awareness (Category A) course is designed to help workers understand the serious health risks of working with asbestos and asbestos-containing materials (ACMs). If there's a chance that you may come across asbestos or potential asbestos in your work, then you must have an awareness of the correct health and safety procedures.

Note that if your job involves working with ACMs, then a higher level of training is required. This course does not permit you to work with asbestos.

### **Module 1: The Risks from Asbestos**

This module introduces the types of asbestos, what it was used for and where it can be found. It also explains the dangers of asbestos exposure, including asbestos-related diseases, friability and how people can be exposed.

- Types of Asbestos
- Where Can Asbestos Be Found?
- Health Risks from Asbestos
- Asbestos and Smoking
- How Can Asbestos and ACMs Cause Harm?
- Friability
- How Can You Be Exposed to Asbestos?

### **Module 2: Managing and Controlling the Risk of Exposure**

This module explains the purpose of the Control of Asbestos Regulations 2012 (CAR 2012) and how to comply with them. It also outlines the role of a risk assessment in relation to CAR 2012 and how to raise any safety concerns you have.

- The Two Main Purposes of CAR 2012
- Duty holders Under the Regulations
- Employer Responsibilities Under CAR 2012
- Case Study
- Risk Assessments Under CAR 2012
- Raising Concerns

### **Module 3: Discovery or Accidental Exposure to Asbestos**

This module details the steps to take if you suspect, discover or accidentally disturb asbestos during your work. It also includes information on emergency procedures.

- HSE Guidance EM1
- Using the EM1 Flowchart in Practice
- Discovery of Asbestos
- Disturbance of Asbestos
- Emergency Procedures
- Case Study
- RPE and PPE for Emergency Exposure
- Seeking Medical Help
- Further Action to Prevent Future Risks

## Aims of the training

By the end of the course, you will be able to:

- Recognise the serious health effects of exposure to asbestos.
- Recognise the different types and uses of asbestos and where it is now most likely to be present.
- Explain why asbestos and asbestos-containing materials (ACMs) pose a serious risk to health
- Describe the general control measures that need to be in place to control the risk of accidental exposure to asbestos fibres from ACMs.
- Explain the key steps to take in the event of discovery of suspect materials or the accidental disturbance of ACMs.