

COURSE CONTENT OVERVIEW

Personal Protective Equipment



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This Personal Protective Equipment (PPE) Training course helps learners understand how to use PPE safely and correctly. This includes understanding the roles and responsibilities of employers and employees in the safe selection, use, supervision, maintenance, and storage of PPE. It also explains the key principles and practices that help to ensure PPE is an effective part of the management of health and safety at work.

The course outlines the legal duties placed on employers, the self-employed, and employees at all levels in relation to PPE. With this knowledge, learners will understand the correct selection and use of PPE, which is vital for ensuring it is an effective part of the control measures for health and safety at work.

Module One: Introduction to PPE and Legal Requirements

This module introduces learners to the laws and regulations surrounding PPE. It outlines the regulations that place duties on employers and employees regarding the selection and use of PPE. It explains the role of PPE in ensuring the health and safety of everyone at work, and the position of PPE in the hierarchy of control.

- What is PPE at work?
- Equipment not included in the PPE Regulations
- The role of PPE in health and safety at work
- The hierarchy of controls
- Regulations that control the selection and use of PPE
- Employee responsibilities

Module Two: Risk Assessment, and Selecting and Providing PPE

This module looks at the vital elements of a risk assessment and the further legal duties placed on duty holders. The module also provides guidance for the selection and provision of PPE, which is important for ensuring it is suitable and compatible for the work activity.

- What are risk assessments and who should carry them out?
- Understanding hazard and risk in risk assessment
- The five steps of risk assessment
- Selecting suitable PPE and involving employees
- The duties of manufacturers and suppliers in marking PPE

Module Three: The Management and Use of PPE - Part 1

This module outlines the duty holders' responsibility for managing the proper selection, use, and maintenance of PPE. It then explains some of the common hazards of work activities and the risks they pose to health and safety, including the different types of PPE that control these risks. It covers PPE for the eyes and face, the head, lungs and respiratory system, and hearing.

- Employer's duty to manage PPE selection, use, maintenance, and storage
- Case study: failure to manage the use of PPE
- Risks to and protection for the eyes and face
- Risks to and protection for the head
- Risks to and protection for the respiratory system
- Respiratory protective equipment: fit testing
- Risks to and protection for hearing

Module Four: The Management and Use of PPE - Part 2

This module follows on from the previous one: it explains further common hazards of work activities and the different types of PPE used for protecting people from these risks, including PPE for the body, arms, legs, hands, and feet, high visibility clothing, PPE for working at, or near to, water, and PPE for work at height. Finally, it explains the importance of health surveillance, effective maintenance of PPE, and the necessary information, instruction, and training.

- Body, arm, hand, leg, and foot protection
- High visibility clothing
- Use of and key considerations for personal fall protection systems
- PPE for work at or near to water
- Disposable PPE
- Health surveillance for work activities where PPE is used
- Maintenance, cleaning, repair, storage, inspections, and examinations of PPE
- Information, instruction, training, and emergencies

Aims of the training

On completion of this course, learners will understand:

- The role of PPE in health and safety at work.
- The Regulations that cover the selection, use, and maintenance of PPE for work activities.
- The duties of employers, the self-employed, and employees at all levels in relation to the selection, use, and maintenance of PPE.
- The importance of supervision for the safe selection, use, and maintenance of PPE.
- How to carry out a risk assessment that includes the safe selection, use, and maintenance of PPE.
- How to select the correct PPE, including design, standards, suitability for the wearer, and compatibility with other PPE.
- The legal duties of manufacturers and suppliers of PPE.
- The importance of training, instruction, and information on the safe use and maintenance of PPE.
- The different types of PPE and their uses and limitations.
- Storage requirements for PPE.
- Maintenance, inspection, cleaning, and repair of PPE.
- Health surveillance.
- PPE use in emergencies.