

COURSE CONTENT OVERVIEW

# Personal Protective Equipment (PPE) Training



This Personal Protective Equipment (PPE) Training course helps learners understand how to use PPE safely and correctly. It explains the roles and responsibilities of employers and employees in the safe selection, use, supervision, maintenance and storage of PPE, as well as the key principles and practices that help ensure PPE is an effective part of health and safety management at work. The course also outlines the legal duties placed on employers, the self-employed and employees at all levels in relation to PPE, helping learners understand the correct selection and use of PPE as part of effective workplace control measures.

The course also includes guidance on inclusive PPE, exploring the importance of providing suitable PPE for all workers by considering gender differences, different body types, religious and cultural requirements and disabilities. Learners will also examine the risks associated with ill-fitting PPE and the importance of promoting an inclusive workplace culture to help ensure PPE is suitable, effective and accessible for everyone.

### **Module 1: Introduction to PPE and Legal Requirements**

This module introduces learners to the laws and regulations surrounding PPE. It outlines the regulations that place duties on employers and employees regarding the selection and use of PPE. It explains the role of PPE in ensuring the health and safety of everyone at work, and the position of PPE in the hierarchy of control.

- What is PPE at work?
- Equipment not included in the PPE Regulations
- The role of PPE in health and safety at work
- The hierarchy of control
- Regulations that control the selection and use of PPE
- Employee responsibilities

### **Module 2: Risk Assessment, and Selecting and Providing PPE**

This module looks at the vital elements of a risk assessment and the further legal duties placed on duty holders. The module also provides guidance for the selection and provision of PPE, which is important for ensuring it is suitable and compatible for the work activity.

- What are risk assessments and who should carry them out?
- Understanding hazard and risk in risk assessment
- The five steps of risk assessment
- Selecting suitable PPE and involving employees
- The duties of manufacturers and suppliers in marking PPE

### **Module 3: The Management and Use of PPE - Part 1**

This module outlines the duty holders' responsibility for managing the proper selection, use and maintenance of PPE. It then explains some of the common hazards of work activities and the risks they pose to health and safety, including the different types of PPE that control these risks. It covers PPE for the eyes and face, the head, respiratory system and hearing.

- Employer's duty to manage PPE selection, use, maintenance and storage
- Risks to and protection for the eyes and face
- Risks to and protection for the head
- Risks to and protection for the respiratory system
- Respiratory protective equipment: fit testing
- Risks to and protection for hearing

### **Module 4: The Management and Use of PPE - Part 2**

This module follows on from the previous one: it explains further common hazards of work activities and the different types of PPE used for protecting people from these risks, including PPE for the body, arms, legs, hands and feet, high visibility clothing, PPE for working at, or near to, water and PPE for work at height. Finally, it explains the importance of health surveillance, effective maintenance of PPE and the necessary information, instruction and training.

- Body, arm, hand, leg and foot protection
- High visibility clothing
- Use of and key considerations for personal fall protection systems
- PPE for work at or near to water
- Disposable PPE
- Health surveillance for work activities where PPE is used
- Maintenance, cleaning, repair, storage, inspections and examinations of PPE
- Information, instruction, training and emergencies

### **Module 5: Inclusive PPE**

This module discusses the BS 30417 guidance for providing inclusive PPE to all workers. It explores the gender gap and different body types, religious and cultural PPE requirements, as well as reasonable adjustments for those with disabilities and medical aids.

- BS 30417 Provision of Inclusive PPE – Guide
- The problem with ill-fitting PPE
- Considering gender differences
- Accommodating different body types
- Respecting religious and cultural requirements
- Considering disabilities
- Inclusive workplace culture

## Aims of the training

On completion of this course, learners will understand:

- The role of PPE in health and safety at work.
- The Regulations that cover the selection, use and maintenance of PPE for work activities.
- The duties of employers, the self-employed and employees at all levels in relation to the selection, use and maintenance of PPE.
- The importance of supervision for the safe selection, use and maintenance of PPE.
- How to carry out a risk assessment that includes the safe selection, use and maintenance of PPE.
- How to select the correct PPE, including design, standards, suitability for the wearer and compatibility with other PPE.
- The legal duties of manufacturers and suppliers of PPE.
- The importance of training, instruction and information on the safe use and maintenance of PPE.
- The different types of PPE and their uses and limitations.
- Storage requirements for PPE.
- Maintenance, inspection, cleaning and repair of PPE.
- Health surveillance.
- PPE use in emergencies.
- How to promote diversity in the workplace by implementing and supporting inclusive PPE.