

COURSE CONTENT OVERVIEW

# Deprivation of Liberty Safeguards

The Deprivation of Liberty Safeguards (DoLS) are part of the Mental Capacity Act 2005 and were created to provide protection for adults in need who are unable to make decisions for themselves. The DoLS help at risk individuals who lack the capacity to maintain their own independence, dignity and right to freedom.

This training course aims to help learners understand what their responsibilities are in relation to the DoLS so that they can promote the welfare of the adults that they work with or care for, ensure compliance with the law and understand how to assess capacity and make decisions that are in a person's best interests.

#### **Module 1: Introduction**

This module explains what is covered by the Mental Capacity Act and the Deprivation of Liberty Safeguards, looking at what the Safeguards are and which people they apply to. This module also provides an overview of other key legislation that applies to those who lack capacity regarding specific matters.

- Who is this course for?
- What is the Mental Capacity Act?
- Decisions covered by the Mental Capacity Act
- What are the Deprivation of Liberty Safeguards?
- Who do the Safeguards apply to?
- Case study - Bournewood
- Key legislation

#### **Module 4: Authorised Deprivation**

This module looks at what should happen in situations where the deprivation of liberty is unavoidable. The module explains how an application for deprivation can be made and what happens once authorisation is received.

- When is a deprivation of liberty necessary?
- Obtaining authorisation
- The application process
- Assessments
- Receiving authorisation
- Representatives
- Reviewing the authorisation
- Challenging the authorisation
- Protection from liability

#### **Module 2: Mental Capacity Act 2005**

This module outlines the five statutory principles – the five key values - contained within the Mental Capacity Act and explains how you can help someone to make a decision, act in their best interests and always choose the least restrictive option.

- What are the five statutory principles?
- Principle 1: Assuming and assessing capacity
- Principle 2: Helping someone to make a decision
- Principle 3: Personal beliefs and preferences
- Principle 4: Best interests
- Principle 5: A less restrictive alternative
- What if people disagree over best interests?

#### **Module 3: What is Deprivation of Liberty Safeguards**

This module looks at what is meant by the terms 'deprivation' and 'restraint', raises awareness of the different categories of abuse and explains how to determine the difference between restriction of freedom and deprivation of freedom.

- Safeguarding
- Is deprivation the same as abuse?
- What is considered as abuse and neglect?
- Restraint and restrictions
- Identifying DoLS

## Aims of the training

By the end of this course learners will:

- Understand essential responsibilities under the Mental Capacity Act 2005, including the five statutory principles.
- Have an awareness of what's involved in assessing capacity and best interests.
- Understand what the DoLS are and how they can be applied.
- Know what constitutes deprivation, restriction and restraint.
- Understand the authorisation process for the necessary deprivation of liberty, including the application process, assessments and reviewing the authorisation.