

COURSE CONTENT OVERVIEW

CDM Regulations



This online CDM Regulations 2015 course has been designed to give learners an overview of the legal requirements of CDM Regulations.

The course itself is divided into three modules, an introduction and then two modules that focus on duties, planning, and preparation to help learners understand how to comply with the law. This course will be appropriate for key duty holders such as the client, the principal contractor, the principal designer, and designers and sub-contractors who all have duties under the CDM Regulations.

Module One: Introduction to CDM

This module identifies some of the main hazards and risks in construction, covering common causes of accidents and ill-health and highlighting the importance of effective health and safety practices.

- Ill health and accidents in construction
- Different types of construction work and the risks and hazards these pose
- The main risks to Health and Safety in construction work
- The Health and Safety Executive (HSE) and their role

Module Two: Key Requirements of CDM - Part 1

This module identifies who the main duty holders are under CDM and what their duties entail. It also explains the relationships and information sharing between the duty holders that the Regulations seek to encourage to achieve good standards of health and safety throughout a construction project.

- Where does CDM apply?
- Client duties and roles
- What is a client under CDM and what are their main duties?
- Summary of main client duties
- Principal designer duties - who is the principal designer?
- What skills does a PD need?
- Role of a principal designer
- Duties of designers
- Case study

Module Three: Key Requirements of CDM - Part 2

This module will consider the roles of the Principal Contractor in relation to their duties and their cooperation and coordination with the client and Principal Designer, other designers and other contractors. It will consider the duties of contractors for planning, management and cooperation under the CDM Regulations and those of individual workers under the HSW Act and the Management of Health and Safety at Work Regulations (MHSW) 1999.

- What is a Principal Contractor (PC) under CDM and what are their main duties?
- PC duties – liaison with other duty holders
- PC duties – the construction phase health and safety plan
- Duties of contractors – what is a contractor and why is their role in CDM?
- Contractor duties
- Duties of employees
- Welfare arrangements
- Toilets and washing
- Changing areas, rest rooms and food preparation
- Case study

Module Four: Application of CDM

This module will look at the essential requirements under CDM in relation to a number of specific topics in construction work and provide a summary of the main methods of control for each.

- Application of Part Four of CDM
- Safe places of work
- Site security
- Traffic routes
- Safety of vehicles and prohibition of passengers
- Reversing of vehicles and mobile plant
- Electricity - working near high voltage power lines
- Underground cables
- Stability, and demolition and dismantling
- Excavations
- Prevention of drowning
- Fire and other emergencies

Aims of the training

By the end of this course, you will be able to:

- Identify the main risks to health and safety in construction.
- Identify the duties and roles of the main duty holders in the CDM Regulations, including clients, principal designers and designers, principal contractors and contractors.
- Recognise the additional duties placed on clients, principal designers and principal contractors.
- Recognise the duties placed on those who manage or control construction sites in relation to named and specific activities.