

COURSE CONTENT OVERVIEW

# Advanced Safeguarding Adults Training (Level 2)

This Advanced Safeguarding Adults Training course provides a comprehensive guide to protecting adults at risk, focusing on your specific responsibilities. You'll explore the six key principles of safeguarding, key legislation, such as the Care Act 2014 and the Mental Capacity Act 2005, and how to recognise the ten categories of abuse and neglect.

You'll learn how to respond appropriately to disclosures, record and share information correctly and escalate your concerns when necessary. This training will equip you with the knowledge to fulfil your safeguarding duties effectively and act confidently to protect the wellbeing and safety of the adults at risk you support.

### **Module 1: The Foundations of Safeguarding**

This module covers the core principles of safeguarding. You will learn what an adult at risk is and how to apply a person-centred approach to protecting their rights and wellbeing.

- What is safeguarding adults?
- Who is considered an adult at risk?
- Who may need extra support?
- The six principles of safeguarding adults
- Making Safeguarding Personal (MSP)
- Case study: Alan
- Adverse Childhood Experiences (ACEs)
- A trauma-informed approach
- The role of the safeguarding lead
- Safeguarding legislation
- Local authorities
- The Mental Capacity Act (MCA) 2005
- The five key principles
- How can you assess mental capacity?
- Giving support to make decisions
- Unwise decisions
- Least restrictive option
- Making decisions
- Documenting your decision
- Deprivation of Liberty Safeguards (DoLS)

### **Module 2: Understanding Abuse and Neglect**

This module details the ten categories of abuse and neglect outlined in the Care Act, as well as other forms of harm like exploitation and radicalisation. You will learn to recognise the signs of each type of abuse and understand how to prevent the risk of unintentional harm.

- What is considered abuse and neglect?
- Physical abuse
- Psychological abuse
- Sexual abuse
- Neglect or acts of omission
- Organisational abuse
- Discriminatory abuse
- Financial or material abuse
- Modern slavery and human trafficking
- Domestic abuse
- Self-neglect
- Exploitation
- Cuckooing
- Radicalisation
- Prevent
- Preventing the risk of abuse and neglect

### **Module 3: Responding to Concerns and Disclosures**

This module provides practical guidance on how to respond to disclosures, record concerns factually and navigate the complexities of consent and information sharing. You will learn how to reassure the adult at risk and follow your organisation's procedures to ensure their voice is heard and their safety is prioritised.

- Safeguarding concerns and disclosures
- How to respond to a safeguarding disclosure
- Responding to a disclosure
- What if they don't want you to tell anyone?
- Overriding refusal to give consent
- Barriers to speaking out
- Responding to concerns
- Recording concerns and disclosures
- Recording your observations
- Why every detail matters
- What happens when you raise a concern?

### **Module 4: Escalations and Allegations**

This module explains how to raise concerns about a staff member and the importance of escalating concerns when they aren't taken seriously. You will learn about the challenges of speaking up and the process for whistleblowing.

- Escalations
- Raising concerns against a staff member
- The challenges of speaking up
- Case study: Nell's story
- The impact of raising concerns
- Case study: Winterbourne View
- Whistleblowing
- Who should you tell?
- What can you expect after blowing the whistle?
- Overcoming barriers to raising concerns

## Aims of the training

By the end of this course, you will be able to:

- Identify an adult in need of safeguarding support and your responsibilities in line with key legislation and guidance.
- Explain the principles of capacity and consent, including how to support decision-making and best interests.
- Recognise the different types of abuse, harm and neglect, and how to identify them.
- Outline the steps to take to minimise an adult's risk of abuse, harm or neglect.
- Understand how to deal with a safeguarding disclosure or concern and keep accurate records.
- Identify the roles of statutory bodies and how they will act following a referral.