

COURSE CONTENT OVERVIEW

PPE Training for Healthcare Workers



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This PPE for Healthcare Workers training course will teach you how to safely and effectively use personal protective equipment (PPE) within a healthcare setting. In order to protect your health and safety, and those around you, you need to understand how to correctly use PPE within your workplace.

This course explains the essential requirements for the safe use, disposal, storage, and maintenance of PPE, as well as requirements for safely changing PPE and how to respond if your PPE is compromised. It also outlines how to use PPE during an infection risk, including what to do if there are PPE shortages.

Module 1: How to Use Healthcare PPE: Part 1

This module outlines when you should wear and change your PPE, along with the essential requirements to ensure PPE is as effective as possible. You will learn about the pre-donning steps you should take, including proper hand hygiene and how to use gloves, face masks and respirators.

- When should you use PPE?
- Essential requirements for PPE
- Hand hygiene
- Pre-donning steps for PPE
- How to use sterile and non-sterile gloves
- How to use face masks and respirators

Module 2: How to Use Healthcare PPE: Part 2

This module covers the correct way to don and doff eye protection, aprons, long-sleeved gowns and head and foot protection. You will also learn about considerations when wearing multiple items of PPE and the order in which you should remove them.

- How to use eye protection
- How to use aprons or long-sleeved gowns
- How to use head and foot protection
- Wearing multiple items of PPE

Module 3: Changing, Disposal, Storage and Maintenance of PPE

This module explores when to change your PPE and how to change it correctly, as well as what to do if your PPE is compromised. It also outlines the correct procedures for disposing of PPE, how it should be stored, and how to maintain your PPE to ensure it remains in a safe, working condition.

- When to change your PPE
- Changing gloves
- Changing face masks
- Changing respirators
- Changing eye and face protection
- Changing aprons and gowns
- Changing head and foot protection
- What to do if your PPE is compromised
- How to safely dispose of PPE
- Storing PPE
- Maintaining your PPE
- General PPE safety rules

Module 4: PPE During an Infection Risk

In this module, you will look at additional considerations for safely using PPE during an infection risk or if you are working in a high-risk environment. It outlines what to do in a PPE shortage and contains specific guidance for those delivering home care.

- What is an 'infection risk'?
- Changing PPE
- PPE shortages
- Delivering home care
- How to safely dispose of and reuse PPE
- Further information for PPE usage

Aims of the training

By the end of this course, you will:

- Know how to correctly put on and remove a range of personal protective equipment for healthcare. This includes gloves, face masks, respirators, eye protection, face shields, and long-sleeved gowns.
- Be aware of when PPE should be worn and what types should be used in different situations.
- Understand when multiple items of PPE need to be worn, and know the order in which they should be put on and taken off.
- Know how to carry out good hand hygiene.
- Know how often and the circumstances in which PPE should be changed.
- Be aware of what actions must be taken if PPE is compromised.
- Understand the legal requirements for safely disposing of used PPE in the correct waste stream.
- Understand how to correctly store and maintain PPE.
- Know the requirements for using PPE during an infection risk.
- Recognise when PPE should be changed during an infection risk, including when delivering home care.
- Understand the measures that may be taken if there are shortages of PPE.