

COURSE CONTENT OVERVIEW

Level 3 Safeguarding Adults Training



This Level 3 Safeguarding Adults Training course provides an advanced overview of your responsibilities in adult safeguarding. You'll explore key legislation, including the Care Act 2014 and the Mental Capacity Act 2005, and how to effectively manage safeguarding practices, lead complex concerns, work collaboratively with multi-agency partners and embed a positive safeguarding culture within your organisation.

This training equips you with the knowledge to implement and uphold robust safeguarding policies and manage allegations against staff members. You will gain confidence by applying your knowledge to challenging scenarios, ensuring you can support your team effectively and uphold the safety and wellbeing of the adults at risk in your care.

Module 1: The Foundations of Safeguarding

This module introduces the core principles and legislation that underpin safeguarding, including the Care Act 2014 and the Mental Capacity Act 2005. You will learn how to empower adults at risk by taking a person-centred, trauma-informed approach and understand your legal responsibilities in safeguarding.

- What is safeguarding adults?
- Who is considered an adult at risk?
- Who may need extra support?
- The six principles of safeguarding adults
- Safeguarding legislation
- Local authorities
- The role of the safeguarding lead
- Empowering the adults you work with
- Case study: Alan
- The impact of past experiences
- A trauma-informed approach
- The Mental Capacity Act (MCA) 2005
- The five key principles
- How can you assess mental capacity?
- Giving support to make decisions
- Unwise decisions
- Least restrictive option
- Making decisions
- Documenting your decision
- Deprivation of Liberty Safeguards (DoLS)

Module 2: Understanding Abuse and Neglect

This module explores the ten categories of abuse and neglect outlined in the Care Act, as well as other forms of harm such as exploitation and radicalisation. It will cover the signs to be aware of, as well as the potential long-term consequences.

- What is considered abuse and neglect?
- Physical abuse
- Psychological abuse
- Sexual abuse
- Neglect or acts of omission
- Organisational abuse
- Discriminatory abuse
- Financial or material abuse
- Modern slavery and human trafficking
- Domestic abuse
- Self-neglect
- Exploitation
- Cuckooing
- Radicalisation
- Prevent
- The consequences of abuse and neglect

Module 3: Responding to Concerns and Disclosures

This module provides practical guidance on how to respond to disclosures, record concerns factually and navigate the complexities of consent and information sharing. You will learn how to apply professional curiosity and follow your organisation's procedures to ensure the adult at risk's voice is heard and their safety is prioritised.

- Safeguarding concerns and disclosures
- How to respond to a safeguarding disclosure
- Responding to a disclosure
- What if they don't give consent?
- Overriding refusal to give consent
- Barriers to speaking out
- Responding to concerns
- Professional curiosity
- Recording concerns and disclosures
- Recording observations
- Why every detail matters
- What happens when you raise a concern?
- Working with other agencies
- Multi-agency working

Module 4: Next Steps and Effective Leadership

This module covers your responsibilities, including allegations against staff and understanding the whistleblowing process. You will learn how to implement effective policies, safer recruitment practices and training to create a positive safeguarding culture where everyone feels confident speaking up.

- Escalations
- Raising concerns against a staff member
- The challenges of speaking up
- Case study: Nell's story
- The impact of raising concerns
- Case study: Winterbourne View
- Whistleblowing
- Who should you tell?
- What can you expect after blowing the whistle?
- Creating a culture of empowerment
- Safeguarding leadership
- Your safeguarding policies and procedures
- Safer recruitment
- The role of training
- Supervision and awareness

Aims of the training

By the end of this course, you will be able to:

- Explain your safeguarding responsibilities in line with key legislation and guidance.
- Identify ways to reduce the risk of abuse, harm and neglect.
- Recognise when an adult is in need of safeguarding support.
- Uphold an adult's basic human right to consent and decision-making.
- Determine how to incorporate adult safeguarding policies and procedures into your workplace.
- Implement safer recruitment practices and respond appropriately to allegations made about staff members.
- Respond to disclosures and conduct safeguarding enquiries, supporting affected individuals at all times.
- Explain the role of statutory bodies in the safeguarding referral process.
- Identify when information needs to be shared with relevant agencies and the potential next steps.