

COURSE CONTENT OVERVIEW

Safeguarding Essentials (Level 1)



If you interact with children and adults as part of your job, whether that's spending days, hours or minutes with them, you have a duty to safeguard them. Safeguarding is everybody's responsibility, and it's important to be able to recognise the signs of abuse, neglect and exploitation and know how to help people who may be in need of it.

This course will provide you with the skills and knowledge that you need to be able to fulfil your safeguarding duty. You will learn about types of abuse, exploitation and safeguarding concerns and the indicators associated with each of them. Upon completion of this training, you will also know what to do if you have a safeguarding concern or receive a direct disclosure of abuse, and how to ensure they are correctly reported and recorded.

Module 1: Introduction to Safeguarding

This module provides you with an introduction to what 'safeguarding' actually means. You will learn about your legal responsibilities and why safeguarding training is so important.

- Defining safeguarding
- Key terminology
- The importance of safeguarding training
- Safeguarding responsibilities
- Key legislation and guidance

Module 2: Types of Abuse

In this module, you will learn about the ten common types of abuse of adults at risk, as outlined by the Care Act, and the indicators that suggest they are occurring. The module also covers the four overarching categories of child abuse, alongside the indicators associated with each of these.

- Defining abuse
- Types of abuse
- Physical abuse
- Domestic abuse
- Sexual abuse
- Emotional abuse
- Financial abuse
- Modern slavery
- Discriminatory abuse
- Organisational abuse
- Neglect and acts of omission
- Self neglect
- Overarching categories of child abuse

Module 3: Further types of abuse and Safeguarding Concerns

This module examines further types of abuse of both children and adults, including forms of exploitation and child-on-child abuse. It also outlines common indicators that can help you recognise when they occur.

- Sexual exploitation
- Criminal exploitation, including County Lines
- Cuckooing
- Grooming
- Radicalisation and extremism
- 'Honour'-based abuse (HBA)
- Female genital mutilation (FGM)
- Child-on-child abuse, including harmful sexual behaviour (HSB)

Module 4: Recognising and Responding to Disclosures

This module covers general indicators that may raise concerns about abuse or exploitation. It also explains how concerns may come to your attention and outlines how you should generally respond to them.

- Consequences of abuse
- General signs of abuse
- Why children and adults don't disclose abuse
- Why children and adults don't take action
- Recognising concerns
- Responding to a disclosure
- Preserving evidence

Module 5: Reporting and Recording Concerns

This module explains how to report and record a concern or a direct disclosure. It also covers what happens after reporting a concern and what you can do if you disagree with decisions or outcomes.

- Reporting concerns
- Recording concerns and disclosures
- After reporting
- Whistleblowing
- Further resources and support

Aims of the training

By the end of this course, learners will:

- Understand what is meant by the term 'safeguarding' and why it's so important.
- Understand their responsibilities for safeguarding children and adults.
- Be aware of the different types of abuse and neglect.
- Be able to recognise indicators and warning signs of abuse and neglect in children and adults.
- Understand what to do if they have concerns or if someone discloses abuse to them.
- Know how to report and record concerns or disclosures.
- Understand the importance of accurate record keeping in safeguarding children and adults.
- Be aware of what happens after concerns are reported.