

COURSE CONTENT OVERVIEW

# Safeguarding Essentials (Level 1)



If you are a worker who interacts with the public as part of your job, whether that's spending days, hours or minutes with them, you have a duty to safeguard them. Safeguarding is everybody's responsibility, and it's important that we all understand the signs of abuse, neglect and exploitation so that we can help people who may be in need of it.

This course will provide you with the skills and knowledge that you need to be able to fulfil your safeguarding duty. You will learn about the types of abuse, exploitation and safeguarding concerns, and signs that you should remain vigilant to. Upon completion of this training, you will also know what to do if you have concerns, and how to ensure they are correctly reported and recorded.

### **Module One: Introduction to Safeguarding**

This module provides you with an introduction to what 'safeguarding' actually means. You will learn about your legal responsibilities and why safeguarding training is so important.

- Defining safeguarding
- Defining a person 'at risk'
- Importance of safeguarding training
- Responsibilities for safeguarding
- Law and guidance

### **Module Two: Types of Abuse**

In this module you will learn about the ten common types of abuse, as outlined by the Care Act, and the indicators that suggest they are occurring.

- Defining abuse
- Types of abuse
- Physical abuse
- Domestic violence or abuse
- Sexual abuse
- Psychological or emotional abuse
- Financial or material abuse
- Modern slavery
- Discriminatory abuse
- Organisational or institutional abuse
- Neglect and acts of omission
- Self-neglect

### **Module Three: Further Types of Abuse and Safeguarding Concerns**

Abuse is not clear cut, and doesn't always fall neatly into ten categories. In this module you will explore further types of abuse and safeguarding concerns and their indicators.

- Exploitation - sexual and criminal
- Cuckooing
- Grooming
- Radicalisation and extremism
- Honour-based abuse
- Female Genital Mutilation (FGM)
- Harmful sexual behaviour
- Peer-on-peer abuse

### **Module Four: Recognising and Responding to Disclosures**

In this module you will learn about some more general indicators of abuse and how to respond when you spot concerns or when somebody discloses abuse to you.

- Consequences of abuse
- Signs of abuse
- Why people don't disclose abuse
- Why people don't take action
- Recognising concerns
- Responding to a disclosure
- Preserving evidence

### **Module Five: Reporting and Recording Concerns**

In this final module we will outline the steps you need to take to report and record your concerns or a disclosure. You will also learn about what happens after reporting a concern, and steps you can take if you do not agree with the outcome.

- Reporting concerns
- Recording concerns and disclosures
- After reporting
- Whistleblowing
- Further resources and support

## Aims of the training

By the end of this course, you will:

- Understand what is meant by the term 'safeguarding' and why it's so important.
- Understand your responsibilities for safeguarding people.
- Be aware of the different types of abuse and neglect.
- Be able to recognise indicators and warning signs of abuse and neglect in children and adults.
- Understand what to do if you have concerns or someone discloses abuse to you.
- Know how to report and record concerns or disclosures.
- Understand the importance of accurate record keeping in safeguarding children and adults.
- Be aware of what happens after concerns are reported.