



# High Speed Training

## Course Price List



Learn with confidence

0333 006 7000

[highspeedtraining.co.uk](https://highspeedtraining.co.uk)

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# Audited, approved, endorsed and accredited

All of our online courses are independently reviewed by an appropriate recognised authority.



Established in 1996, The CPD Certification Service is the independent CPD accreditation centre working across all sectors, disciplines and further learning applications. All of our courses are accredited by the CPD Certification Service as conforming to universally accepted Continuing Professional Development (CPD) guidelines.



For 100 years, the Royal Society for the Prevention of Accidents (RoSPA) has been working to change both legislation and attitudes surrounding accidents. Many of our courses are approved by RoSPA, as providing quality and content-approved training.



The Institute of Hospitality is the professional body for managers and aspiring managers working and studying in the hospitality, leisure and tourism industry. Many of our courses are endorsed by the Institute of Hospitality as providing independently-evaluated, quality content that teaches good practice standards.



Many of our courses are audited and approved by Environmental Health Officers (EHOs): meaning the training materials have been independently reviewed and are verified as containing the necessary knowledge to achieve the level of training specified.



The Independent Asbestos Training Providers (IATP) are a nationally recognised not-for-profit organisation working in conjunction with the Health and Safety Executive (HSE). Our Asbestos Awareness course has been independently audited by the IATP and meets the relevant Category A Asbestos Regulations.



The International Institute of Risk and Safety Management (IIRSM) are an educational charity that work to recognise, inform and support individual and corporate professionals in risk and safety management. IIRSM work across the world, supporting a community over over 8000 members in 70 countries. A range of High Speed Training courses have been individually recognised by IIRSM as meeting the standards of its Training Approval Scheme.



Diversity Scotland was founded in 2018 and provides diversity, equality and inclusion (DEI) consultancy services for organisations across the world. A number of our courses have been assessed by Diversity Scotland's leading DEI consultants to ensure the content aligns to current best-practice thinking in DEI.



Thoroughly reviewed independently by City & Guilds learning and development experts, this course is approved as City & Guilds Assured. High Speed Training is the first e-learning provider to have online courses awarded City & Guilds Assured status.



A number of our courses have been reviewed and endorsed by the British Occupational Hygiene Society (BOHS) - the Chartered Society for Worker Health Protection. Meaning our training meets the highest standards for understanding and managing workplace health risks.

# Food Hygiene and HACCP Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Food Allergen Awareness</b> £25 +VAT	✓		✓				
<b>Food Allergens in Manufacturing</b> £25 +VAT	✓						
<b>Food Labelling Regulations</b> £25 +VAT	✓		✓				
<b>Good Manufacturing Practice</b> £25 +VAT	✓	✓					
<b>Introduction to Internal Auditing and Management Training</b> £35 +VAT	✓						
<b>Level 1 Food Hygiene and Safety</b> £18 +VAT	✓	✓	✓		✓		
<b>Level 1 TACCP</b> £20 +VAT	✓	✓	✓				
<b>Level 2 Food Hygiene and Safety For Catering</b> £20 +VAT	✓	✓	✓		✓		
<b>Level 2 Food Hygiene and Safety For Manufacturing</b> £20 +VAT	✓	✓	✓		✓		
<b>Level 2 Food Hygiene and Safety For Retail</b> £20 +VAT	✓	✓	✓		✓		
<b>Level 2 HACCP for Catering &amp; Retail</b> £31 +VAT	✓	✓	✓		✓		
<b>Level 2 HACCP For Manufacturing</b> £31 +VAT	✓	✓	✓		✓		
<b>Level 2 TACCP and VACCP</b> £31 +VAT	✓	✓	✓				
<b>Level 3 HACCP Training for Catering &amp; Retail</b> £130 +VAT	✓	✓	✓		✓		
<b>Level 3 HACCP for Manufacturing</b> £130 +VAT	✓	✓	✓				
<b>Level 3 Food Hygiene and Safety in Catering</b> £130 +VAT	✓	✓	✓		✓		
<b>Level 3 Food Hygiene and Safety in Manufacturing</b> £130 +VAT	✓	✓	✓		✓		
<b>Level 3 Food Hygiene and Safety in Retail</b> £130 +VAT	✓	✓	✓		✓		
<b>Nutrition &amp; Healthy Eating</b> £30 +VAT	✓						
<b>Root Cause Analysis</b> £30 +VAT	✓						

# Health and Safety Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds	BOHS
<b>Abrasive Wheels</b> £31 +VAT	✓	✓					✓	
<b>Accident and Incident Investigation</b> £25 +VAT	✓	✓						
<b>Anaphylaxis Awareness</b> £25 +VAT	✓							
<b>Asbestos Awareness (Category A)</b> £25 +VAT	✓	✓				✓	✓	✓
<b>Banksman Training</b> £30 +VAT	✓	✓		✓			✓	
<b>Basic Health and Safety</b> £21 +VAT	✓	✓					✓	
<b>Basic Life Support</b> £25 +VAT	✓							
<b>CDM Regulations</b> £25 +VAT	✓	✓						
<b>Cleaning in Food Premises Training</b> £25 +VAT	✓		✓					
<b>COMAH</b> £25 +VAT	✓	✓						
<b>Control of Substances Hazardous to Health (COSHH)</b> £26 +VAT	✓	✓					✓	✓
<b>COSHH for Clinical Environments</b> £25 +VAT	✓	✓					✓	
<b>COSHH Training for Cleaners</b> £26 +VAT	✓	✓					✓	
<b>CPR Awareness Training</b> £26 +VAT	✓			✓				
<b>Display Screen Equipment (DSE)</b> £25 +VAT	✓	✓						
<b>Display Screen Equipment (DSE) Assessor</b> £36 +VAT	✓	✓						
<b>Driver Awareness</b> £25 +VAT	✓	✓						
<b>DSE Training For Home Workers</b> £25 +VAT	✓	✓						
<b>DSEAR (Dangerous Substances)</b> £26 +VAT	✓	✓						
<b>Electrical Safety</b> £26 +VAT	✓	✓						
<b>Emergency First Aid At Work (EFAW) Refresher</b> £26 +VAT	✓							

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds	BOHS
<b>Environmental Awareness</b> £26 +VAT	✓	✓						
<b>Facilities Management</b> £125 +VAT	✓	✓						
<b>Fire Extinguisher Training</b> £25 +VAT	✓	✓						
<b>Fire Risk Assessment</b> £35 +VAT	✓	✓						
<b>Fire Safety Awareness</b> £30 +VAT	✓	✓						
<b>Fire Safety for Care Homes</b> £30 +VAT	✓	✓						
<b>Fire Warden</b> £35 +VAT	✓	✓					✓	
<b>First Aid at Work (FAW) Refresher</b> £26 +VAT	✓							
<b>Hand-Arm Vibration (HAVS) Training</b> £25 +VAT	✓	✓						
<b>Health and Safety for Employees</b> £30 +VAT	✓	✓					✓	
<b>Health and Safety for Food Handlers</b> £30 +VAT	✓	✓	✓					
<b>Health and Safety for Home Workers</b> £30 +VAT	✓	✓						
<b>Health and Safety for Managers</b> £150 +VAT	✓	✓					✓	
<b>Hot Work</b> £25 +VAT	✓	✓						
<b>Infection Prevention and Control</b> £25 +VAT	✓	✓						
<b>Ladder Safety</b> £31 +VAT	✓	✓					✓	
<b>Lead Awareness</b> £25 +VAT	✓	✓						
<b>Legionella and Legionnaires' Disease Awareness</b> £31 +VAT	✓	✓		✓			✓	
<b>Level 1 Health and Safety in the Workplace</b> £20 +VAT	✓	✓						
<b>Lock Out/Tag Out</b> £25 +VAT	✓	✓						
<b>LOLER</b> £31 +VAT	✓	✓						
<b>Lone Working</b> £20 +VAT	✓	✓						
<b>Managing Contractors</b> £30 +VAT	✓	✓						

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds	BOHS
<b>Managing Health &amp; Safety</b> £25 +VAT	✓	✓						
<b>Manual Handling Awareness</b> £26 +VAT	✓			✓			✓	
<b>Moving and Handling People in Health and Social Care</b> £25 +VAT	✓							
<b>Needles and Sharps Training</b> £25 +VAT	✓	✓						
<b>Noise Awareness</b> £25 +VAT	✓	✓						
<b>Office Safety</b> £20 +VAT	✓	✓						
<b>Paediatric First Aid</b> £26 +VAT	✓			✓				
<b>Permit to Work</b> £26 +VAT	✓	✓						
<b>Personal Protective Equipment (PPE)</b> £25 +VAT	✓	✓						
<b>Pest Control</b> £25 +VAT	✓	✓						
<b>Portable Appliance Testing (PAT)</b> £31 +VAT	✓	✓					✓	
<b>PPE Training For Healthcare Workers</b> £20 +VAT	✓							
<b>PUWER</b> £30 +VAT	✓	✓						
<b>Respirable Crystalline Silica Awareness</b> £25 +VAT	✓	✓		✓				
<b>RIDDOR</b> £25 +VAT	✓	✓						
<b>Risk Assessment</b> £31 +VAT	✓	✓		✓				
<b>Safety Harness Training</b> £25 +VAT	✓	✓						
<b>Slips, Trips and Falls</b> £25 +VAT	✓	✓						
<b>Spill Management</b> £25 +VAT	✓	✓						
<b>Warehouse Safety</b> £30 +VAT	✓	✓						
<b>Welding Safety</b> £25 +VAT	✓	✓						
<b>Working At Height</b> £26 +VAT	✓	✓					✓	
<b>Working in Confined Spaces</b> £26 +VAT	✓	✓					✓	

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds	BOHS
Workplace First Aid £26 +VAT	✓			✓				



# Business Essentials Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	Diversity Scotland	City & Guilds
<b>Anti-Bribery</b> £31 +VAT	✓			✓				
<b>Anti-Money Laundering (AML) and Financial Crime</b> £26 +VAT	✓			✓				
<b>Bullying and Harassment</b> £25 +VAT	✓							
<b>Cellar Management</b> £25 +VAT	✓		✓					
<b>Communication Skills</b> £25 +VAT	✓							
<b>Complaint Handling</b> £25 +VAT	✓							
<b>Confidence Building</b> £20 +VAT	✓							
<b>Conflict Management</b> £25 +VAT	✓							
<b>Conflict Resolution</b> £20 +VAT	✓							
<b>Customer Service Skills</b> £25 +VAT	✓							
<b>Data Protection</b> £26 +VAT	✓			✓				
<b>Disability Awareness for Employers</b> £25 +VAT	✓							
<b>Disciplinary &amp; Grievance Procedures</b> £30 +VAT	✓							
<b>Effective Leadership</b> £125 +VAT	✓							
<b>Employment Law</b> £30 +VAT	✓							
<b>Equality, Diversity and Inclusion</b> £31 +VAT	✓						✓	
<b>Equality and Diversity in Health and Social Care</b> £25 +VAT	✓							
<b>GDPR</b> £26 +VAT	✓			✓				✓
<b>Human Trafficking and Modern Slavery</b> £30 +VAT	✓							
<b>Information Governance</b> £25 +VAT	✓							
<b>Interpersonal Conflict Training</b> £15 +VAT	✓		✓					

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Interviewing Skills</b> £30 +VAT	✓						
<b>Introduction To Cyber Security</b> £25 +VAT	✓						
<b>Leadership and Management</b> £65 +VAT	✓						
<b>Licensing Law Awareness</b> £20 +VAT	✓		✓				
<b>Managing Customer Conflict In Hospitality</b> £15 +VAT	✓		✓				
<b>Managing Conflict in Retail</b> £15 +VAT	✓		✓				
<b>Menopause Awareness</b> £25 +VAT	✓						
<b>Mental Health and Wellbeing in Hospitality</b> £26 +VAT	✓		✓				
<b>Mental Health Awareness</b> £26 +VAT	✓						
<b>Mental Health Awareness for Managers</b> £26 +VAT	✓						
<b>Microsoft Excel and Google Sheets Training for Beginners</b> £30 +VAT	✓						
<b>Minute Taking</b> £40 +VAT	✓						
<b>PA &amp; Secretarial Skills</b> £40 +VAT	✓						
<b>Performance Appraisal</b> £30 +VAT	✓						
<b>Presentation Skills</b> £30 +VAT	✓						
<b>Project Management</b> £60 +VAT	✓						
<b>Resilience Training</b> £25 +VAT	✓						
<b>Retail Customer Service Skills</b> £25 +VAT	✓						
<b>Sexual Harassment Training for Employees</b> £25 +VAT	✓						
<b>Sexual Harassment Training for Managers and Supervisors</b> £25 +VAT	✓						
<b>Starting a Business</b> £25 +VAT	✓						
<b>Starting a Home Food Business</b> £30 +VAT	✓		✓				
<b>Stress Awareness in the Workplace</b> £30 +VAT	✓	✓					

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Time Management</b> £20 +VAT	✓						
<b>Unconscious Bias</b> £25 +VAT	✓						

# Safeguarding Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>ADHD Awareness</b> £30 +VAT	✓						
<b>Advanced Safeguarding Adults</b> £40 +VAT	✓						
<b>Advanced Safeguarding Children (Level 2)</b> £40 +VAT	✓						
<b>Autism Awareness</b> £30 +VAT	✓						
<b>Care Certificate</b> £20 +VAT	✓						
<b>Challenging Behaviour Training</b> £31 +VAT	✓						
<b>Child Mental Health Training</b> £26 +VAT	✓						
<b>Child Sexual Exploitation &amp; Child Criminal Exploitation</b> £30 +VAT	✓						
<b>Communication Skills in Health and Social Care</b> £20 +VAT	✓						
<b>COSHH for Clinical Environments</b> £25 +VAT	✓	✓					✓
<b>County Lines Training</b> £25 +VAT	✓						
<b>Dementia Awareness</b> £30 +VAT	✓						
<b>Deprivation of Liberty Safeguards</b> £30 +VAT	✓						
<b>Designated Safeguarding Lead (Level 3)</b> £65 +VAT	✓						
<b>Diabetes Awareness</b> £25 +VAT	✓						
<b>Disability Awareness for Employers</b> £25 +VAT	✓						
<b>Dignity in Care</b> £25 +VAT	✓						
<b>Drug and Alcohol Awareness</b> £25 +VAT	✓	✓					
<b>Dyslexia Awareness</b> £30 +VAT	✓						
<b>Epilepsy Awareness</b> £25 +VAT	✓						

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Equality and Diversity in Health and Social Care</b> £25 +VAT	✓						
<b>Forced Marriage and Honour-Based Violence Awareness</b> £25 +VAT	✓						
<b>Harmful Sexual Behaviour in Schools</b> £25 +VAT	✓						
<b>Human Trafficking and Modern Slavery</b> £30 +VAT	✓						
<b>Introduction to Housing Management</b> £30 +VAT	✓						
<b>Introduction to Safeguarding Adults (Level 1)</b> £31 +VAT	✓						
<b>Introduction to Safeguarding Children (Level 1)</b> £31 +VAT	✓						
<b>Information Governance</b> £25 +VAT	✓						
<b>Level 3 Safeguarding Adults</b> £65 +VAT	✓						
<b>LGBTQ+ Awareness</b> £25 +VAT	✓						
<b>Medication Training for Care</b> £25 +VAT	✓						
<b>Moving and Handling People in Health and Social Care</b> £25 +VAT	✓						
<b>Person-Centred Care</b> £25 +VAT	✓						
<b>PPE Training For Healthcare Workers</b> £20 +VAT	✓						
<b>Prevent Duty Training</b> £20 +VAT	✓						
<b>Safeguarding Children in Education</b> £31 +VAT	✓						
<b>Safeguarding Children with Disabilities</b> £30 +VAT	✓						
<b>Safeguarding Essentials</b> £35 +VAT	✓						
<b>Safeguarding for Governors</b> £31 +VAT	✓						
<b>Safeguarding for Taxi Drivers</b> £31 +VAT	✓						
<b>Safeguarding in Sport</b> £30 +VAT	✓						
<b>Safer Recruitment</b> £31 +VAT	✓						
<b>Safer Recruitment in Education</b> £31 +VAT	✓						

# Education Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Allergy &amp; Anaphylaxis Training for Schools</b> FREE	✓						✓
<b>Autism Awareness in Education</b> £30 +VAT	✓						
<b>Data Protection for Schools</b> £25 +VAT	✓						
<b>Fire Safety for Schools</b> £30 +VAT	✓	✓					
<b>Online Safety and Harms</b> £25 +VAT	✓						
<b>Safeguarding in Sport</b> £30 +VAT	✓						
<b>Special Educational Needs and Disabilities in the Classroom</b> £20 +VAT	✓						
<b>Supporting Speech &amp; Language Development In Early Years</b> £30 +VAT	✓						

# First Aid Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Basic Life Support</b> £25 +VAT	✓						
<b>CPR Awareness Training</b> £26 +VAT	✓			✓			
<b>Emergency First Aid At Work (EFAW) Refresher</b> £26 +VAT	✓						
<b>First Aid at Work (FAW) Refresher</b> £26 +VAT	✓						
<b>Paediatric First Aid</b> £26 +VAT	✓			✓			
<b>Workplace First Aid</b> £26 +VAT	✓			✓			

# Fire Safety Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Fire Extinguisher Training</b> £25 +VAT	✓	✓					
<b>Fire Risk Assessment</b> £35 +VAT	✓	✓					
<b>Fire Safety Awareness</b> £30 +VAT	✓	✓					
<b>Fire Safety for Care Homes</b> £30 +VAT	✓	✓					
<b>Fire Safety for Schools</b> £30 +VAT	✓						
<b>Fire Warden</b> £35 +VAT	✓	✓					✓



# Mental Health Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Child Mental Health Training</b> £26 +VAT	✓						
<b>Mental Health Awareness</b> £26 +VAT	✓						
<b>Mental Health and Wellbeing in Hospitality</b> £26 +VAT	✓		✓				
<b>Mental Health Awareness for Managers</b> £26 +VAT	✓						

# Health and Social Care Courses

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Information Governance</b> £25 +VAT	✓						
<b>Patient Customer Service Skills</b> £25 +VAT	✓						
<b>Communication Skills in Health and Social Care</b> £20 +VAT	✓						
<b>Fire Safety for Care Homes</b> £30 +VAT	✓	✓					
<b>Basic Life Support</b> £25 +VAT	✓						
<b>CPR Awareness Training</b> £26 +VAT	✓			✓			
<b>Needles and Sharps Training</b> £25 +VAT	✓	✓					
<b>Infection Prevention and Control</b> £25 +VAT	✓	✓					
<b>Advanced Safeguarding Adults</b> £40 +VAT	✓						
<b>Care Certificate</b> £20 +VAT	✓						
<b>COSHH for Clinical Environments</b> £25 +VAT	✓	✓					✓
<b>Dementia Awareness</b> £30 +VAT	✓						
<b>Deprivation of Liberty Safeguards</b> £30 +VAT	✓						
<b>Diabetes Awareness</b> £25 +VAT	✓						
<b>Dignity in Care</b> £25 +VAT	✓						
<b>Disability Awareness for Employers</b> £25 +VAT	✓						
<b>Drug and Alcohol Awareness</b> £25 +VAT	✓	✓					
<b>Equality and Diversity in Health and Social Care</b> £25 +VAT	✓						
<b>Human Trafficking and Modern Slavery</b> £30 +VAT	✓						
<b>Introduction to Housing Management</b> £30 +VAT	✓						
<b>Level 3 Safeguarding Adults</b> £65 +VAT	✓						

Course title	CPD	RoSPA	IoH	IIRSM	EHO	IATP	City & Guilds
<b>Medication Training for Care</b> £25 +VAT	✓						
<b>Moving and Handling People in Health and Social Care</b> £25 +VAT	✓						
<b>Person-Centred Care</b> £25 +VAT	✓						
<b>PPE Training For Healthcare Workers</b> £20 +VAT	✓						

# Why train with us?



## Learn at your own pace

There is no time limit to our training; you can save your progress and take a break whenever you want.



## Reduce your costs

There is no need to travel to a training centre - all of our courses are 100% online.



## Convenience

Our courses are available on all sorts of devices, including smartphones, tablets and desktop computers.



## Free retakes

If you don't pass the course you can review the training material again and retake the assessment at no extra cost.



## Help and support

Our dedicated support team are here to answer your queries, no matter how big or small.



## Trusted training

Each of our courses meets Continuing Professional Development guidelines and are accredited by the CPD Certification Service.

For any questions, please get in touch and we will be happy to help.

0333 006 7000 | [info@highspeedtraining.co.uk](mailto:info@highspeedtraining.co.uk) | [www.highspeedtraining.co.uk](http://www.highspeedtraining.co.uk)